

M: Hi, everyone! Monday comes again! And also the rainy season has started. (sound of boo) It is quite muggy and makes us nervous, doesn't it? Now, let's shrug off such a gloomy weather by listening to the NUFFS podcast! This week, Megumi and Chris bring a great program to YOU.

C: Hi, everyone. I'm Chris, from Australia.

M: Chris, have you been in Japan for a while?

C: Well. I've been to Japan since March, but I've lived in Tokyo for eighteen months about four years ago.

M: Wow! You are familiar with Japan a lot! What are you interested in?

C: Yeah. I love Japanese Anime, especially, Evangelion. It's so cool! Do you know Evangelion? It is one of the most famous Japanese Anime.

M: Ah, I can see that because of your T-shirt. I can tell you like Anime. It's a pity this topic was already picked up in PREVIOUS program, so let's talk about another topic.

C: Hmm...by the way, what are you interested in, Megumi?

M: For myself, I'm interested in "anti-aging". Do you know it? Have you ever heard this word?

C: Umm...(ticking sound or thinking sound)No, I have no idea about it. You got me stumped. What is it? Tell me about "anti-aging".

M: Sure. The word "anti" means opposed to, and you know, "aging" means becoming older. In brief, "anti-aging" is a compound word means opposing to getting older or slowing down a progression of aging by supplements or something. ...Do you know what I mean?

C: Yeah. You mean, people are against aging, though it's a natural part of life. (M: Yep) Interesting!

M: You're probably right. I want to know what others think about "anti-aging". Why don't we interview some students in NUFS?

C: Ok. Sure.

M: Let's go! (Running sound)

~interview~

(Running sound)

M&C: OK!

C: I know, most students have good thoughts and think "anti-aging" helps their skin to maintain their youth and nice when they get older.

M: Mhm. Their images are surely true, but "anti-aging" is not only for appearance like skin, but also other parts, like the body and brain.

C: what do you mean?

M: This is an example, an article said that French old men and women are always beautifully-dressed and fashion-conscious. So they look very young for their ages.

C: So dressing neatly is a sort of an anti-aging treatment. Such an attitude makes them look younger.

M: That's right! Actually, the biggest purpose of anti-aging is to elevate a quality of life. Anti-aging is intended for everyone including people who are in good health. So people can live a bright life without any diseases.

C: Sounds great!!!

M: Then, why don't you try it? Now, we have to buy neat dresses and buy some anti-aging products as soon as possible! Now let's go there!

C: Hey, Megumi, we have to say good-bye to our listeners before we go.

M: Yeah. Everyone please look forward to listening to the next program. Bye bye~

C: See ya.